

## Habit of the Heart #2

### Valuing “otherness.”

The good news is that “us and them” does not have to mean “us versus them...”

Parker J. Palmer  
*Healing the Heart of Democracy*

Watch the video here:  
[www.couragere renewal.org/habitsoftheheart/two](http://www.couragere renewal.org/habitsoftheheart/two)

“...I was suddenly overwhelmed with the realization that I loved all those people, that they were mine and I theirs, that we could not be alien to one another even though we were total strangers. It was like waking from a dream of separateness...”

Thomas Merton

### Reflecting and Sharing

1. Share a story about crossing lines of differences that made your world larger and a more inviting space.
2. What did you learn from the *other*?
3. What are some ways you imagine extending hospitality to the stranger?

“There is no way of telling people that they are all walking around shining like the sun.”

Thomas Merton



Sr. Joellen Sbrissa, CSJ, Congregation of St. Joseph

